



## Flexible Spending Accounts (FSAs)

We offer two FSAs—a Health Care FSA and a Dependent Care FSA. Both allow you to save money by using pre-tax dollars to pay for qualified expenses. We will match your contributions, up to \$500, for both your Health Care FSA and Dependent Care FSA.

The table below provides an overview of the two FSAs available to you.

	2021 Health Care FSA (HCFSA)	2021 Dependent Care FSA (DCFSA)
<b>Contribution Limits</b> (includes your contribution + Capital One’s matching contribution)	Minimum: \$50 Maximum: \$3,250	Minimum: \$50 Maximum: \$5,000*
<b>Capital One Matching Contribution</b>	\$0.50 for every \$1.00 you contribute, up to \$500	\$0.50 for every \$1.00 you contribute, up to \$500
<b>Covered Expenses</b>	You and your family members’ eligible medical, prescription drug, dental, and vision expenses incurred January 1, 2021 to December 31, 2021	Eligible child and/or adult day care expenses incurred January 1, 2021 to March 15, 2022
<b>Unused Funds</b>	You may carry over \$550 to 2022	Forfeited
<b>Claim Submission Deadline</b>	April 30, 2022	April 30, 2022

\*If you are single or married filing jointly. The contribution limit is \$2,500 if you are married and file a separate tax return. For spouses who both contribute to a DCFSA, the maximum amount that can be contributed between both accounts is \$5,000.

To find more information and access a complete list of eligible expenses, visit [qme.anthem.com](http://qme.anthem.com).